

**Weekly PPG Update 14.8.25**

1. **NHS Dorset Health Information Event (attachment**)

We would like to invite you to our NHS Dorset Health Information Event (including presentation of our annual report and accounts) to be held on:

Wednesday 10 September 2025

10.30am to 12.30pm

The Spire, High Street, Poole, BH15 1DF

The event will provide the opportunity to meet colleagues from around the system at a range of information stands, and also to attend a brief presentation on NHS Dorset’s Annual Report and Accounts.

If you would like to attend, please [click on this link](https://forms.microsoft.com/Pages/ResponsePage.aspx?id=bHxMTLWhm0CvRpWSpbNyNP4lE3qIMYZImsy6GiadCOdUMkszMlVOMDA1U0RRSU5GRzNKTVlGU1A0Ry4u) to register and we will then add you to the calendar invitation.

Any queries, please don’t hesitate to contact us.

Kind regards

Corporate Governance Team

corporate.governance@nhsdorset.nhs.uk

1. **HealthWatch Petition**

**The HealthWatch petition is now live, and if you would like to sign it, the link is below - remember to confirm your signature via email afterwards.**

[Review decision to abolish independent local Healthwatch - Petitions](https://petition.parliament.uk/petitions/732993)

Petition: Review decision to abolish independent local Healthwatch

We are asking the government to:

• Revisit its decision to abolish local independent services that speak up for the public

• Consult with the public to codesign a service which meets their needs.

<https://petition.parliament.uk/petitions/732993>

1. **Women’s Health website**

It's been a few months now since the launch of the new NHS Dorset Women's Health Website: <https://ourdorset.org.uk/women/>. We hope you've had a chance to have a look. The site has received lots of valuable feedback and we’re making updates and improvements all the time.

Dorset Women CIC would love to work collaboratively with you to give patients as much information about the site as possible. If you would be interested in co-hosting a women's health event or a promotional session at your practice, please email us at dorsetwomencic@gmail.com and we can set this up.

In the meantime, if you'd like any promotional posters or flyers, let us know and we can get these out to you.

1. **Free Creative Courses to support Mental Health Recovery – Poole/Hamworthy/Weymouth/Online (attachment**)

CoCreate are delighted to share our creative courses for Autumn 2025, including a new offer for Weymouth.

Courses are for people experiencing, or in recovery from, mental health problems, and/or need support for their mental wellbeing.

Courses are led by Creative Health professionals; professional artists, skilled in supporting people experiencing or recovering from mental health challenges.

Our new terms start in September & October 2025

·      Theatre Group (working towards performance) - Lighthouse Poole

·      Stitching Stories:  Exploring Textiles Together- Hamworthy

·      NEW – Introduction to Theatre – Weymouth

·      Creative Community - Online

All courses focus on developing creative skills in a supported setting.

•  Course details and Booking via our [website](https://cocreate.org.uk/create-connect/).

•  Professional referral or self-referral welcome.

•  Light-touch pastoral support available.

•  For enquiries please [Contact us](https://cocreate.org.uk/contact/)

Including creativity in your life is a well evidenced way to support a wide range of health & wellbeing outcomes, especially mental health & wellbeing.

**94% of Create:Connect (24/25) attendees agreed that taking part improved their mental health.**

To arrange a visit to your team, to learn how Creative Health is contributing to community-based health and wellbeing, please [Contact us](https://cocreate.org.uk/contact/).